

Small Blessings Child Care Center
2815 Woodbridge Ave. Edison, NJ 08817
(732) 452-9798

Lunch Menu

September 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1) Chicken Nuggets 4 ea. Broccoli ½ c Mashed Potatoes ½ c, Wheat Bread 1ea. Fruit Slices Peaches ¼ c VE: Veg-Nuggets	2) Baked ww Macaroni and Cheeses ½ c Mixed Vegetables ½ c Fruit Banana 4 oz	3) Turkey Meatloaf (4 oz) w/Gravy Brown Rice ¼ c Broccoli ½ c -Melon ¼ c VE: Veg-Burger	4) ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Peaches DF: Turkey Sandwich
	8) Chicken Stir fry W/Italian Blend Yellow Rice ½ c Fruit 4 oz Sliced. Pears W/Grated Parm	9) Spaghetti W/Turkey Sauce 4oz, Wheat Bread 1ea. Green Beans ½ c Fruit 4 oz Apple VE: Without Meat	10) Chicken Nuggets 4 ea. Silver Dollar Fries ½ c Corn ½ c, Wheat Bread 1ea. Fruit 4 oz Pineapple VE: Veg-Nuggets Sub	11) ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
14) <u>Meatless Mondays</u> Chess Stuffed ww Ravioli ½ c/Marinara Sauce Cucumber Slices 1/2c Green Bean ½ c, Apple DF: Turkey Sandwich	15) Fish Sticks (4ea) Mashed Potatoes ¼ c, Wheat Bread 1ea. Mixed Vegetables ½ c Chilled Fruit or Orange (4 oz.)	16) Baked ww Macaroni and Cheeses ½ c Steamed Carrots ½ c Fruit Banana 4 oz	17) Turkey Meatloaf (4 oz) w/Gravy Brown Rice ¼ c Broccoli ½ c -Melon ¼ c VE: Veg-Burger	18) ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Apple DF: Turkey Sandwich
21) <u>Meatless Mondays</u> Noodles W/Broccoli Flowerets, Alfredo Cheese Sauce, ½ c, Fruit Cup ¼ c DF: Turkey Sandwich	22) Turkey and Cheese on Wheat Bread 1ea. Veggie Beans ½ c, Sweet Potato ½ c, Fruit Cocktail ¼ c VE: Cheese on Wheat	23) <u>Chicken BarBque</u> Rice ½ c Peas & Carrots ½ c Fruit 4 oz Peaches VE: Veg-Slider W/Cheese	24) Spaghetti W/Turkey Sauce 4 oz, Green Beans ½ c Fruit 4 oz Apple VE: Without Meat	25) ww Cheese Pizza 1 Slice Garden Salad ½ c with Tomatoes & Cucumbers Fruit 4 oz Pineapple DF: Turkey Sandwich
28) <u>Meatless Mondays</u> Baked Macaroni and Cheeses ½ c Steamed Carrots ½ c Fruit Banana 4 oz	29) Chicken Nuggets 4ea. Broccoli ½ c Mashed Potatoes ½ c, Fruit Cocktail ¼ c VE: Veg-Nuggets	30) Noodles W/Broccoli Flowerets, Alfredo Cheese Sauce, ½ c, Fruit Cup ¼ c DF: Turkey Sandwich		1% or Regular unflavored 6 Oz. Milk will be served. Kids under two and half will be severed regular milk

Healthy Bytes LLC 855 Hamilton St. Somerset, NJ 08873

Consuming raw or undercooked meat, poultry, seafood, shellfish, or eggs may increase your risk

of foodborne illness, especially if you have certain medical conditions.

This institution is an equal opportunity provider. NOTE: Menu items may

change based on purveyor product availability. We participate with the New Jersey Child and Adult Care Food Program, Providing completely FREE breakfast, lunch and snacks.